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| **SELF-WEALTH-PREMUIMBENEFITS OF SEA-MOSS** |
| |  |  | | --- | --- | | 1. **Heart-Healthy** | 1. **Reduces Inflammation** | | 1. **Promotes Weight Loss** | 1. **Cleanses The Blood** | | 1. **Fiber, Iron & Omega 3** | 1. **Libido, Sexual Health** | | 1. **Supports Gut Health** | 1. **Thyroid Health** | | 1. **Boosts Your Immunity** | 1. **Relief Colds and Flu** | | 1. **Builds Muscle & Workout Recovery** | 1. **92 of 102 Minerals The Body Needs** | | 1. **Promotes Healthy Skin** | 1. **Increases Energy** | | 1. **Expels Mucus From Body** | 1. **Antibacterial Benefits** | | 1. **Detoxifies The Body** | 1. **Fight Prostate Enlargement** | | 1. **Supports Hair, Skin, & Nails** | 1. **Prevent Kidney Stones** | | 1. **Strengthens Joints & Tissues** 2. **Support Digestive Tract** | 1. **Reduces Radiation Poisoning** | | 1. **Removes Toxins & Heavy Metals** | 1. **Rich in Nutrients** | | 1. **Supports Mental Health** | 1. **Non-GMO, Vegan & Gluten** | | 1. **Blood Sugar & Cholesterol** | 1. **And More** |  * **May have drug interactions; consult your doctor before use.** * **If pregnant, please consult your doctor before use.** * **Consuming too much iodine from sea moss can cause thyroid issues, including hyperthyroidism, hypothyroidism, and goiter.** * **Sea-Moss (Chondrus Crispus) : also known as Irish moss, is a type of seaweed that grows naturally in coastal waters. It is commonly found in the Atlantic Ocean, particularly along the rocky shores of Europe and North America. Sea-Moss is rich in vitamins, minerals, and antioxidants, making it a popular ingredient in various cuisines, health supplements, and skincare products. It is often used to thicken foods, provide nutritional benefits, and support overall health and wellness.** |

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